

equipment list

for aspiring discovery trek

Below is a list of required gear. Excellent quality gear is available in Wanaka and there will be time to make last minute purchases if required. We supply everything else. All you carry is a light day pack. All food and camping gear is at the camp site.

Body

- Thermal long underwear top and bottom
- Midweight fibrepile sweater
- Polarfleece jacket
- Goretex (or similar) jacket and overpants (waterproof)
- Lightweight shorts and cotton shirt for warm weather

Feet

- Hiking boots / shoes (broken in hopefully)
- 2 pair warm socks

Head

- Warm hat which covers ears
- Sun hat
- Sun glasses
- Sun cream and lip cream

Hands

- Lightweight polypro gloves
- Warm gloves or mittens

Accessories

- Personal toiletries and medication
- Camera and film
- Insect repellent

Often people prefer to use their own backpacks. We can supply a midsize pack for those who want one (let us know if you need one). You do not need a large pack. A 25-35 litre pack is fine. We supply cups, eating supplies, headlamps and toilet paper and first aid kit - everything from coffee plungers to slippers. We supply snack foods throughout each day.