



Equipment list for Adelaide Cirque Fiordland - 4 days

Summer weather is usually quite warm. However, this is a remote mountain route and winter type conditions can happen any time of year. We can only attempt this route if everyone has suitable protective clothing. Your guide will do a comprehensive gear check at your pre-trip meeting. This is a tent or bivy based trip and you will need to carry your personal gear (including ice axe and crampons) and will be asked to assist in carrying some group gear and food.

Below is a list of required equipment. Further detail is available in the equipment detail information accessed from the [Adelaide Cirque Fiordland](http://www.aspiringguides.com) page on www.aspiringguides.com. We supply all technical gear such as harness, ice axe and crampons. Feel free to bring your own if you like. If you have any questions about the clothing list, please be sure to contact us at climb@aspiringguides.com.

Personal Equipment Checklist

**Available for hire*

Please bring all your equipment to the scheduled pre-trip meeting.

Body

- Underwear
- Base layer (150-190g weight, merino or polypro, no cotton)
 - top
 - leggings
- Mid layer top (fleece or windproof)
- Insulating jacket (fleece or synthetic fill)
- Waterproof and breathable jacket and **overpants*** (eg Gore Tex® or similar)
- Lightweight, quick drying shorts or trousers
- Light collared shirt for sunny weather

Head/Face

- Sunhat & Buff®
- Warm hat / balaclava
- Sunglasses

Feet

- Lightweight mountaineering boots, crampon compatible (eg La Sportiva® Trango)***
- Calf gaiters
- 2 pairs of trekking socks

Hands

- Lightweight thin polypro gloves
- Warm windproof gloves

Technical Equipment - provided FOC

- Climbing Helmet
- Crampons - compatible with boots
- Ice axe
- Climbing harness

Accessories

- Backpack, 50+ litres***
- Sleeping bag - 2 season, 0°C***
- Inflatable sleeping mat (eg Thermarest®)***
- Bivy bag***
- Water bottle - 1 litres, wide mouth (available for purchase)
- Headtorch (available for purchase)
- Foot blister protection & personal medication
- Small container of sun block & lip screen - maximum protection
- Plastic bowl, cup & cutlery

Optional - personal preference

- Collapsible trekking poles (recommended)***
- Camera
- Swiss army knife or leatherman
- Earplugs for sleeping
- Lightweight camp shoes (eg Crocs®)

I need to hire

(please note we do not supply childrens rental equipment - visit www.mtoutdoors.co.nz)

If you need to hire or purchase any equipment, please complete the form and return it to us before the start of your trip. Alternatively phone or emails us informing us of the items your require.

Section A - Technical Equipment	OWN	PLEASE PROVIDE	CHARGE PER DAY
Climbing Helmet	<input type="checkbox"/>	<input type="checkbox"/>	free
Crampons	<input type="checkbox"/>	<input type="checkbox"/>	free
Ice axe - standard curve & length (60-80cm) with leash	<input type="checkbox"/>	<input type="checkbox"/>	free
Climbing harness	<input type="checkbox"/>	<input type="checkbox"/>	free

Section B - Rental Equipment	OWN	HIRE	CHARGE PER DAY
Mountaineering boots	<input type="checkbox"/>	<input type="checkbox"/>	\$20
Backpack with ice axe & crampon attachments	<input type="checkbox"/>	<input type="checkbox"/>	\$10
Shell pants/overpants with full leg zips: Specify size S-M-L	<input type="checkbox"/>	<input type="checkbox"/>	\$10
Sleeping bag with silk liner	<input type="checkbox"/>	<input type="checkbox"/>	\$10
Inflatable sleeping mat	<input type="checkbox"/>	<input type="checkbox"/>	\$10
Bivy bag	<input type="checkbox"/>	<input type="checkbox"/>	\$10
Collapsible trekking poles	<input type="checkbox"/>	<input type="checkbox"/>	\$15

I, (the hirer) accept all responsibility for any loss or damage to equipment that is in my care.

If damaged or lost I give permission for Aspiring Guides to charge replacement costs to my account.

I also acknowledge the hire fee is calculated from the start of the trip to when the equipment is returned to the Aspiring Guides office.

Hirer name:

Hirer's signature: