

## Equipment List for Cascade Saddle assisted trek - 2 days

This trip is for parties planning to do the Cascade Saddle route but want a little assistance by an experienced guide. It is important to understand Aspiring Guides offers this trip as an ASSISTED trek, not a guided trip. We offer this equipment list to help parties be suitably prepared to ensure they have the right equipment to complete the hike by themselves. We do not offer any rental equipment apart from tents for the first night, if the group decides to camp before heading over the Cascade Saddle and continuing independently.

Use this checklist as a guide to help you decide what gear to take. Your guide will also do a gear check before departing on your trip. Further information is available in our equipment detail page accessed from the [Cascade Saddle](#) page on [www.aspiringguides.com](http://www.aspiringguides.com). Please inform us before your trip departure if you would like tents to camp on the first night. If you have any questions please be sure to contact us at [climb@aspiringguides.com](mailto:climb@aspiringguides.com).

## Personal Equipment Checklist

*Please bring all your equipment to the scheduled pre-trip meeting.*

### Body

- Underwear
- Base layer (150-190g weight, merino or polypro, no cotton)
  - top
  - leggings
- Mid layer top (fleece or windproof)
- Insulating jacket (fleece or synthetic fill)
- Waterproof and breathable jacket and **overpants\*** (eg Gore Tex® or similar)
- Lightweight, quick drying shorts or trousers
- Light collared shirt for sunny weather

### Head/Face

- Sun hat & sunglasses
- Warm hat which covers ears
- Sun cream and lip cream

### Feet

- Sturdy, worn in trekking boots (eg. La Sportiva® Trango Trek)
- Calf or ankle gaiters (recommended)
- 2 pairs of trekking socks

### Food

- Food for duration of trip - breakfast, lunch, dinner & snacks (generally parties take about 3 nights if walking out via the Dart Valley)
- 1 spare emergency meal

### Camping Equipment Accessories

- Backpack (45-60 L)
- Pack liner or large plastic bag
- Sleeping bag and liner
- Inflatable sleeping mat (eg Thermarest®)
- Tent (if camping - available for hire)
- Cooker, pot & matches/lighter
- Cup, bowl, spoon & knife

### Hands

- Warm windproof gloves or mittens

### Accessories

- Personal toiletries and medication
- Toilet paper
- Insect repellent - for sandflies
- Water bottle (at least 1 litre)
- Camera
- Headtorch

### Optional

- Light book or magazine
- Collapsible trekking poles (recommended)
- Earplugs (handy for huts)
- Plastic cup for drinking from streams
- Camp shoes (eg lightweight trainers or Crocs®)

## I need to hire

---

Item	Hire	Daily Rate
Tent	<input type="checkbox"/>	\$25

I, (the hirer) accept all responsibility for any loss or damage to equipment that is in my care.  
If damaged or lost I give permission for Aspiring Guides to charge replacement costs to my account.

I also acknowledge the hire fee is calculated from the start of the trip to when the equipment is returned to the Aspiring Guides office.

**Hirer name:**

**Hirer's signature:**